



1992-2016

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BOARD MEMBERS

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SA Sports Trust

MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	12 October 2016
Subject	The status of Trail Running events
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ELECTRONIC TRANSMISSION

Dear ASA Members

Circular 50 of ASA 2016 - THE STATUS OF TRAIL RUNNING EVENTS

It is noted that there are confusion regarding the status of Trail Running in Athletics.

To give clarity on this topic, please note that Trail Running (IAAF Rule 252), Mountain Running (IAAF Rule 251) and Cross Country (IAAF Rule 250) are all Off-Road activities.

The Off-Road competitions are some of the alternatives provided to athletes who want to practice athletics as a sport. Other alternatives available to athletes are Road Running (IAAF Rule 240), Race Walking (IAAF Rule 230), Combined Events (IAAF Rule 223) and Track & Field events (IAAF Rule 168 – 222).

To ensure that competitions adhere to standards agreed by the athletes collectively, e.g. at Council Meetings, all events has to be listed on the ASA National or Provincial Fixtures Lists. Without such permission the event will be declared ineligible (IAAF Rule 1 & 2)

To protect the integrity of the sport, any athlete who participate in an event not listed on the ASA National or Provincial Fixtures Lists will be declared ineligible (IAAF Rule 20 & 21).

It must be noted that any member of the athletes' support team (e.g. clubs, Athlete Managers; Coaches; Race Organizers, etc.) who encourage the athlete to participate in an event not listed on the ASA National or Provincial Fixtures Lists will also be declared ineligible.

With the above in mind, ASA has already asked all ASA Members, including the Trail Running Committee, several times over the past few months, to register their events on the ASA National/Provincial Fixtures Lists.

Failing to adhere to this call as mentioned above, the mentioned Rules and Regulations will come in affect.

In order to protect the interest of ASA Members, ASA National and Provincial Technical Delegates and Referees will be obligated to enforce the mentioned rules diligently from 2017 onwards.

The 2017 ASA Domestic Rule Book is currently under revision, and the amended 2017 ASA Domestic Rule Book will soon be available to support ASA National and Provincial Technical Delegates and Referees in implementing eligibility rules.

Athletics greetings

Richard Stander
ASA ACEO